

FREE
EVENTS



CHELMSFORD
Ideas
FESTIVAL 2014
20 OCT-2 NOV

CREATE

A creative and cultural festival for all ages

A Changing Chelmsford Initiative sponsored by:



Anglia Ruskin
University



Chelmsford
City Council

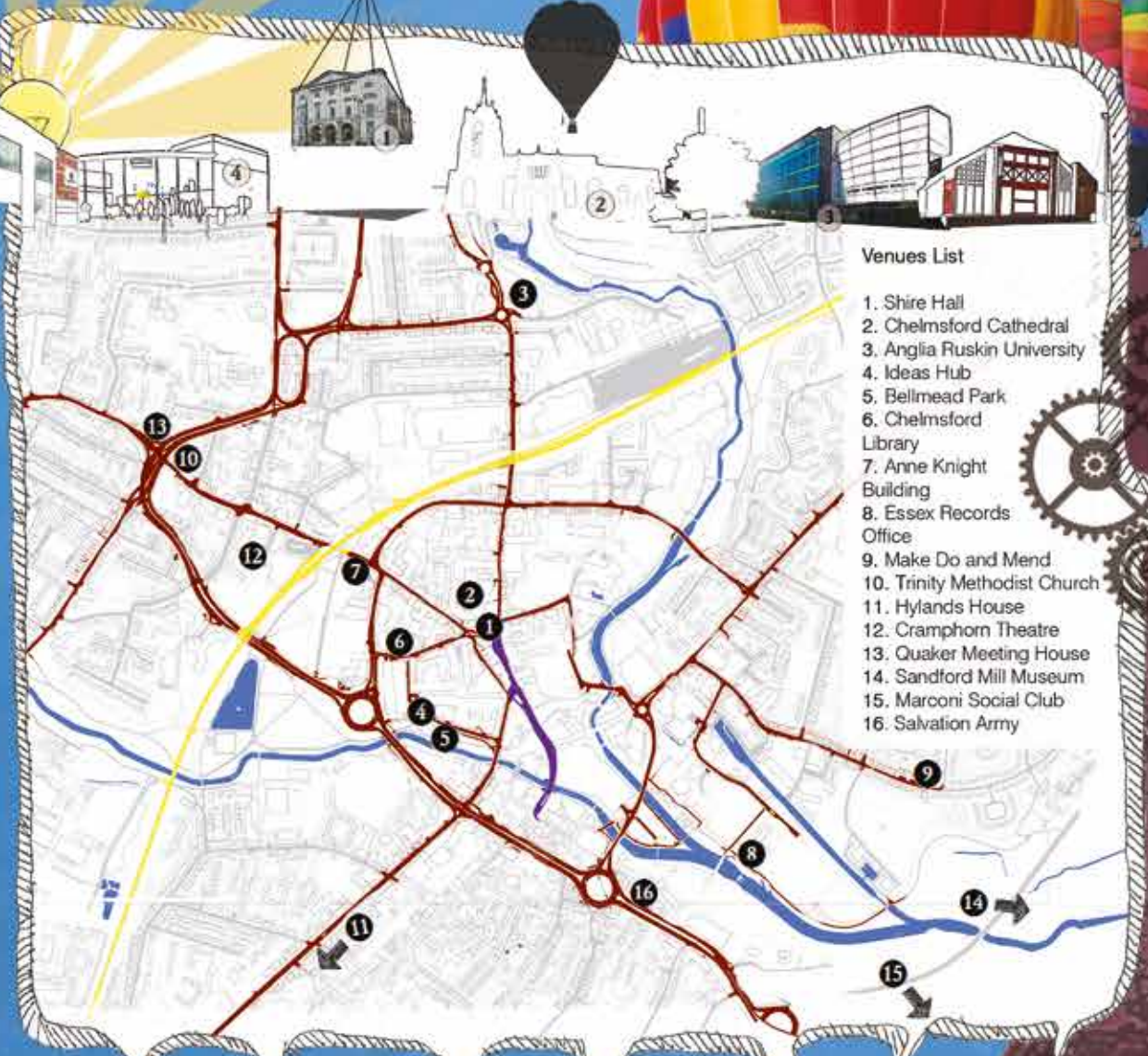


High Chelmer
Chelmsford

www.changingchelmsford.org/if2014

Venues List

1. Shire Hall
2. Chelmsford Cathedral
3. Anglia Ruskin University
4. Ideas Hub
5. Bellmead Park
6. Chelmsford Library
7. Anne Knight Building
8. Essex Records Office
9. Make Do and Mend
10. Trinity Methodist Church
11. Hylands House
12. Cramphorn Theatre
13. Quaker Meeting House
14. Sandford Mill Museum
15. Marconi Social Club
16. Salvation Army



Illustrator and designer: Adellina Bran
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Changing Chelmsford would like to thank our Ideas Festival lead sponsors:



Anglia Ruskin University



Chelmsford City Council



High Chelmer Chelmsford

and our Sponsors:



COUNTRYSIDE Places People Love



heritage lottery fund LOTTERY FUNDED



and our in-kind sponsors:



NB: All our venues are accessible, except some held at the Ideas Hub. For more information please call: 07543899155

The Chelmsford Ideas Festival is bigger this year, with something for everyone. There are some great new events, prestigious speakers and more venues. The focus this year is 'Create' - explored through a multitude of activities for all ages.

Matthew Taylor from the Royal Society of Arts reminds us that the 'power to create' can help shape a bright future. Although we face a world of increasing scale and complexity, we also have the opportunity to harness the ingenuity and skills of everyone. Today's education, technology and creative industries provide the foundation for shifting our focus from consumption to creation. New leadership will empower individual and collaborative creative endeavour. It is all about giving us hope and excitement for a future we and our children choose to create. This provides an inspiring starting point for this year's Ideas Festival.

The Ideas Festival celebrates the creativity of Chelmsford's people, past and present, and encourages you to join us in creating a thriving future. Whether it is; impact or objects, new relationships, social change or knowledge, we encourage you to become active participants in our City.

We are delighted to host a talk by Professor Marconi, the grandson of Chelmsford's genius innovator. This will be complemented by an account of the extraordinary space technology that e2v produces today. Additionally, Chelmsford's legacy as the birthplace of broadcasting will be brought bang up-to-date with an event involving the BBC, Heart and Chelmsford Community Radio.

Members of 'Churches Together' have created a delightful music evening, while the Academy of Urbanism celebrates 'Happy-nomics'. The weekend of the 25th and 26th of October not only brings the Purely Essex producers market to the High Street again, but also a River Celebration and a two day Wellbeing event. While the Ideas Festival Mystery Hunt will weave together events and places throughout the festival.

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We'd like to thank our sponsors who are making this year's festival possible and Adelina Bran for pulling out all the stops on the illustration and design.
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Festival Two Week Events	WHEN	WHERE	PAGE
Mon-Fri: Stories and Artefacts from the First World War	2pm-4pm	Ideas Hub	14
Every day and online: Chelmsford Ideas Festival Mystery Hunt	Anytime	Chelmsford	18

Monday 20th October	WHEN	WHERE	PAGE
An Historical Walk of Moulsham Street	2pm-3.30pm	Ideas Hub	16
Festival Launch	6.30pm-7.30pm	Anglia Ruskin University	14
Mental Health and War, Past, Present and Future	7.30pm-9pm	Anglia Ruskin University	14

Tuesday 21st October	WHEN	WHERE	PAGE
One Day Bookbinding Workshop	10am-4pm	Essex Record Office	6
Why should you meditate? Because there's some questions you cannot Google!	7pm-9pm	Ideas Hub	5
A View from Space	7.30pm-9pm	Anglia Ruskin University	18

Wednesday 22nd October	WHEN	WHERE	PAGE
Impossible!	10am-12pm	Anglia Ruskin University	8
The Value of Service User Research	12pm-1.30pm	Chelmsford Library	12
Lunchtime Music Event - Swapsies	1pm-2pm	Cramphorn Theatre	18
The Cultural Aspects of the Commemorations of the First World War	6.30pm-8pm	Anglia Ruskin University	14
The Hidden Reality of Racism, an Interactive Presentation	7pm-9pm	Ideas Hub	12
Passing the Turning test: How to Create a Character	7.30pm-9pm	Anglia Ruskin University	18
Chelmsford Cathedral Centenary	7.30pm-9pm	Chelmsford Cathedral	16

Thursday 23rd October	WHEN	WHERE	PAGE
Ebarts - the Social Currency	12pm-2pm	Ideas Hub	12
Fascinating Hidden History for Black History Month	7pm-9pm	Ideas Hub	16
Re-imagining our Community and the Rules We Live By	7pm-9pm	Anglia Ruskin University	19

Friday 24th October	WHEN	WHERE	PAGE
Whole Pleasure Ice Cream	10am-4pm	Anglia Ruskin University	18
Wild Food Walk 1	10.30am-11.30am	Anglia Ruskin University	6
Wild Food Cooking Demonstration and Tasting	12pm-1.15pm	Anglia Ruskin University	6
Wild Food Walk 2	2pm-3pm	Anglia Ruskin University	6
Community Festival of Music	7.30pm-9pm	Salvation Army Citadel	19

Saturday 25th October	WHEN	WHERE	PAGE
River Celebration Day	10am-4pm	Chelmsford City Centre	4
Improv Factory	10am-4pm	Ideas Hub	6
Freehand Cutting Dressmaking with Chinelo Bally	10am-4.30pm	Make Do & Mend	6
The Changing Face of Chelmsford	10.30am-3pm	Essex Record Office	16
Wellbeing Weekend	12pm-4pm	Marconi Social Club	5
The Origins of the First World War	2.30pm-4.30pm	Trinity Methodist Church	15
Creatives Supper Club	6pm-8pm	Ideas Hub	19

Sunday 26th October	WHEN	WHERE	PAGE
Purely Essex - Local Food Producers Market	10am-4pm	Chelmsford City Centre	4
Sound and Electronics with Scratch, Python and Sonic Pi!	10am-4pm	Ideas Hub	10
Wellbeing Weekend	12pm-4pm	Marconi Social Club	5

Monday 27th October	WHEN	WHERE	PAGE
Big Draw	11am-4pm	Hylands Estate	8
Treasures of the Essex Sound and Video Archive	12.30pm-1.15pm	Ideas Hub	17
An Historical Walk of Moulsham Street	2pm-3.30pm	Starting from the Ideas Hub	16
Introduction to the Sewing Machine	6pm-8pm	Make Do & Mend	7
Broadcasting Now, in the Birthplace of Radio	7.30pm-9.30pm	Ideas Hub	12

Tuesday 28th October	WHEN	WHERE	PAGE
Magistrates in the Community	10am-12pm	Shire Hall	20
Radio Show Time	11am-1pm	Ideas Hub	8
Create a Fairtrade Cake and Build a Fairer World	1pm-3pm	Anglia Ruskin University	12
Radio Show Time	2pm-4pm	Ideas Hub	8
Paper Cutting	6pm-9pm	Make Do & Mend	7
Community Land Trusts - Getting the "Right Kind" of Development	7pm-9pm	Ideas Hub	13
The Consequences of Conflict	7.30pm-9pm	Anglia Ruskin University	15
Staying Safe Online	7.30pm-9pm	Anglia Ruskin University	20

Wednesday 29th October	WHEN	WHERE	PAGE
3D Tudor Chelmsford	10am-12pm	Essex Record Office	9
Creepy Claymation	10am-1pm	Ideas Hub	8
Learn to Make a Shambala Style Bracelet	10am-2pm	Ideas Hub	9
Marconi's Magic Hut	10am-4pm	Sandford Mill Museum	7
The Hidden Reality of Racism, an Interactive Presentation	12pm-1.30pm	Anglia Ruskin University	12
Lunchtime Music Event - Stave House Music Education	1pm-2pm	Cramphorn Theatre	20
3D Tudor Chelmsford	1.30pm-3.30pm	Essex Record Office	9
Creating a Fitting Funeral Ceremony: Busting Myths and Explaining Choices	2.15pm-5pm	Ideas Hub	20
Making Waves: How Marconi's Wireless Legacy takes us ever further into Space	7.30pm-9pm	Anglia Ruskin University	13

Thursday 30th October	WHEN	WHERE	PAGE
Creating a Happy City	9.30am-1pm	Anne Knight Building	11
50 Things To Do Before You're 11 ^{3/4}	11am-3.30pm	Bell Meadow Park	9
Happynomics – Inventiveness and Resourcefulness in Community Building	2pm-5pm	Anne Knight Building	11
Happiness as a Way of Life	7pm-8.30pm	Anne Knight Building	11
Creating History. A Civilian's Experience of the 2nd World War in Essex	7.30pm-9pm	Anglia Ruskin University	17
Fascinating Hidden History for Black History Month	7.30pm-9.30pm	Anglia Ruskin University	16

Friday 31st October	WHEN	WHERE	PAGE
Whole Pleasure Ice Cream	10am-4pm	Anglia Ruskin University	19
Magistrates in the Community	10am-12pm	Shire Hall	20
The World of Amateur Radio	10am-4pm	Ideas Hub	10
Bringing the Outside In	11am-2pm	Ideas Hub	9

Saturday 1st November	WHEN	WHERE	PAGE
Animate! Create!	10am-3pm	Ideas Hub	7
The World of Fred Spalding: Photographs of Chelmsford Past	11am-12pm	Essex Record Office	17
3D Printer	1pm-4pm	Chelmsford Library	10
The 30th Anniversary Year of the UN Convention on Torture	2.30pm-4.30pm	Quaker meeting house	17

Sunday 2nd November	WHEN	WHERE	PAGE
The World of Amateur Radio	10am-4pm	Ideas Hub	10
Build a Working Alarm System with a Raspberry Pi Computer	10am-4pm	Ideas Hub	10



Purely Essex - Local Food Producers' Market

Sun 26th Oct 2014
10am- 4pm
CITY CENTRE

Now in its second year, buying local is good for our local economy and more sustainable than importing food from all over the planet. Come and support your local producers Drop by and be inspired!

River Celebration Day

Sat 25th Oct 2014
10am- 4pm
CITY CENTRE

Chelmsford city is blessed with its location astride the River Can and River Chelmer. Today we celebrate with a programme of activities for everyone.



The Susan is the last remaining flat-bottomed barge purpose built for the Chelmer & Blackwater Navigation

And other activities:

- Chelmer Canal Trust Exhibition: 'Ideas for Enhancing the Rivers of Chelmsford'
- The Susan Trust Exhibition
- YMCA Duck Race 12pm
- Geo-caching in Central Park
- Sea Cadets Boat Rides from Wilkinson Jetty
- Primary School Art Competition on the Railings
- Paddleboarders

- Fire Engine
- Essex and Suffolk Water
- Recycling Fish Sculpture
- Entertainment by YMCA Musicians
- Climbing wall

For the complete list please visit:
www.changingchelmsford.org/if2014



Wellbeing weekend

A unique opportunity to refresh your Mind, Body and Spirit

Sat 25th- Sun 26th Oct
12pm- 4pm

The European Buddhist-Hanmi Association is hosting a unique opportunity to refresh your Mind, Body and Spirit for Free at the **Marconi Social Club**, Tydeman's off Beehive Lane, CM2 9FH.

Mind

Meditation:

Discover how you can experience the power of meditation within just 15 minutes at the taster meditation sessions running throughout the day.

Healing Space:

Experience the Healing Calmness of an Empowered Buddhist Space. Just come in, sit down, close your eyes and feel the stress of everyday life melt away.

Body

Pilates:

Develop your core strength, flexibility and breathing with Bodysense UK. Applies to all your daily life activities!

Yoga:

Learn how yoga helps you focus on correct alignment of the body in poses, ensuring that you're working safely, with maximum benefit to your flexibility, strength and wellbeing.

Nutrition:

Learn more about how nutrition and diet can enhance your health and vitality, coupled with ensuring you curb winter cravings before they start!

Acupuncture:

Take a seat, slip off your shoes, close your eyes, and relax. Essex Acupuncture Room will insert tiny needles into specific points on your ear. Within 30 minutes, these needles have a profound effect on stress, anxiety, pain issues and sleeping problems.

Karate:

Introductory karate sessions run by Kazen Kai Karate Club.

Alexander Technique:

The East Anglian Centre for Alexander Technique will help you unlearn harmful physical habits and bring your body into balance.

Spirit

The centre-piece of the weekend is the Maitreya Loving Kindness tour. A precious collection of sacred relics of the Buddha, and many other Buddhist masters, which is touring the world and has been visited by over 2 million in various cities. These relics are inspiring communities to come together and experience an inter-faith celebration focused on our shared human qualities – love, compassion and the importance of having a 'good heart'.

Plus lots more! For more detailed information and timings of events go to www.wisdom-healing.com or call 01245 352354.

Other events:

WHY SHOULD YOU MEDITATE?

Because there are some questions you cannot Google!

Paul King - Abbot, Dari Rulai Fa Yin Temple
Oct 23rd, 7pm-9pm at Ideas Hub
Donations £5



MAKING THINGS

One Day Bookbinding Workshop

HOST: Essex Record Office
WHEN: Tue 21st Oct, 10am-4pm
WHERE: Essex Record Office

Make your own journal-style book in a colour of your choice, using traditional techniques, guided by an expert tutor. The day includes a one-hour lunch break. Please make your own provisions for lunch. Further details at www.essex.gov.uk/ERO.

Booking required. Cost £30 including all equipment and materials. Please book 01245 244644.

Freehand Cutting Dressmaking with Chinelo Bally

HOST: Hannah Elgie
WHEN: Sat 25th Oct, 10am-4.30pm
WHERE: Make Do & Mend

Learn from Chinelo Bally (contestant on The Great British Sewing Bee) how to make a garment using the freehand cutting method. This workshop focuses on a stylish peplum top made longer or a beautiful dress to impress! You will learn how to transfer your measurements directly onto the fabric and dart your garment pieces to take the body's contours.

Booking required. Cost £90. Either call 01245 267794 or go to www.makedoandmend.com and book via PayPal

Wild Food Cooking and Walk

HOST: Carol Hunt, Edible Wild
WHEN: Fri 24th Oct
Walk 1: 10.30am-11.30am
Cooking demonstration and tasting: 12pm-1.15pm
Walk 2: 2pm-3pm
WHERE: Anglia Ruskin University

Carol is back after last year's great success. This year she will not only show which plants are edible and teach how to forage safely and respectfully, she will also demonstrate how to cook them into wonderful dishes as well.

Booking required. www.anglia.ac.uk/community or call 01245 684723.

Improv Factory

HOST: Andy McClaine
WHEN: Sat 25th Oct, 10am-4pm
WHERE: Ideas Hub

If you enjoy music, drama, comedy, mime or storytelling, then the Improv Factory is definitely the workshop for you. The format is simple and very entertaining. Throughout the day, participants will get the opportunity to express their creativity either solo or in groups, then later to showcase their improvisational skills and talent in front of an audience. The workshop is open to all ages and all skill levels. Come and discover your creativity!

Please book to ensure your place www.changingchelmsford.org/if2014

Introduction to the Sewing Machine

HOST: Hannah Elgie
WHEN: Mon 27th Oct, 6pm-8pm
WHERE: Make Do & Mend

Do you get fearful looking at sewing machines? All those buttons and knobs! This back-to-basics fool-proof lesson on how to use a basic sewing machine is just the ticket. Learn to wind a bobbin, thread the machine, change needles, select the correct feet, practice stitches, make a button hole and also basic sewing machine maintenance. Perfect for your new-found love of sewing.

Booking required. Cost £28. Either call on 01245 267794 or go to www.makedoandmend.com and book via PayPal.

Marconi's Magic Hut

HOST: Geoff Bowles
WHEN: Wed 29th Oct, 10am-4pm
WHERE: Sandford Mill Museum

Do you know that the country's first regular broadcasting station is on our very doorstep? It's the historic 1922 radio hut at Sandford Mill, and you're invited to visit and discover its story. Plus there's more - you're also invited to build a crystal radio set from kits created by Marconi engineers and use them to receive live radio and morse code.

Drop in session. Booking not required. Light refreshments available

Paper Cutting

HOST: Hannah Elgie
WHEN: Tue 28th Oct, 6pm-9pm
WHERE: Make Do & Mend

Join us at this fantastic workshop to learn all about paper cutting! Get inspiration from the amazing Queenie Dot and gain confidence and knowledge from our skilled teacher. Create your own pattern or use one of the templates provided and, using the best materials, create a wonderful paper cutting ready for framing!

Booking required. Cost £38. Either call on 01245 267794 or go to www.makedoandmend.com and book via PayPal.

Animate! Create!

HOST: Victoria Button
WHEN: Sat 1st Nov, 10am-3pm
WHERE: Ideas Hub

Watch Victoria animate through 'stop motion' and time-lapse techniques. Bring along small objects, toys, photographs for her to bring to life and you'll be inspired by seeing how the animator works. Then, best of all, have a go yourself. The animation is inspired around the word: Create!

Donation £4. Drop in session, booking not required.

IMPOSSIBLE!

SPEAKER: Michelle Magorian, author
 WHEN: Wed 22nd Oct, 10am-12pm
 WHERE: Anglia Ruskin University
 AUDIENCE: 9+ years

Michelle Magorian, author of the best selling Goodnight Mister Tom, talks about her new novel, IMPOSSIBLE! 12 year old Josie attends a finishing-style stage school. She dreams of being on stage, but is told she has no acting ability. Fortunately, she finds herself cast as a boy in an American comedy. She is kidnapped but manages to escape, taking refuge in the Theatre Royal Stratford where she is offered work by the legendary Joan Littlewood. Books for signing from Just Imagine will be available at the event and can be reserved by emailing info@justimaginarycentre.co.uk

Booking required: www.anglia.ac.uk/community or call 01245 684723.

Radio Showtime

HOST: Jess White and Rachel McGivern
 WHEN: Tues 28th Oct, 11am-1pm or 2pm-4pm
 WHERE: Ideas Hub
 AUDIENCE: Families and children 7-12 years

Do you like to talk? Have you got something to say? Come along and produce your very own radio show using scripts, sound effects and music with artists Jess White and Rachel McGivern.

Put on your best DJ voice and record your news, weather, features, jingles and more!

Free drop in session, booking not required.

Big Draw

HOST: Dawn Hoyle
 WHEN: Mon 27th Oct, 11am-4pm
 WHERE: Hylands Estate (Stables Visitor Centre)
 AUDIENCE: Families and Children

Come and join in the Big Draw upstairs at the Stables Visitor Centre, Hylands where you can also meet our resident artists. It's an environmental theme this year - 'It's Our World' - so why not take an inspirational walk in the park before picking up your drawing tools?

£1 per child. Accompanied children only. No need to book but places may be limited at busy times.



Creepy Claymation

HOST: Signals Media Arts
 WHEN: Wed 29th Oct, 10am-1pm
 WHERE: Ideas Hub
 AUDIENCE: 7+ years

Create terrifying characters and sets and learn how to bring them to life (or back from the dead) using animation techniques.

Booking required. Cost £15: www.signals.org.uk/event/claymation-ideas-festival-chelmsford. Save on the booking fee by calling 01206 560255

3D Tudor Chelmsford

HOST: Essex Record Office
 WHEN: Wed 29th Oct, 10am-12pm or 1.30pm-3.30pm
 WHERE: Essex Record Office
 AUDIENCE: Families and Children 5+ years

Help us to bring Tudor Chelmsford back to life! In 1591 a very special map was made of the town, showing each individual house and shop. Come along to make a Tudor house and place it on our large map. Further details at www.essex.gov.uk/ERO.

£2 per child. Please book to ensure your place. 01245 244644

50 Things To Do Before You're 11 ¾

HOST: Jules Armour, National Trust
 WHEN: Thu 30th Oct, 11am-3.30pm
 WHERE: Bell Meadow Park next to the Ideas Hub

Get outdoors and closer to nature this half-term by getting stuck into some of our '50 Things' activities and go wild! Ever wanted to make a mud pie, make a home for wild animals or meet a scary beast? Well now's your chance...

Please book to ensure your place: www.changingchelmsford.org/if2014

Learn to Make a Shambala Style Bracelet

HOST: Anne Fahey
 WHEN: Wed 29th Oct, 10am-2pm
 WHERE: Ideas Hub
 AUDIENCE: 8-12 years

Always wanted a fabulous Shambala style bracelet? Anne will show you how to make them, using a macrame knotting technique. A selection of coloured chords and beads will be available for you to choose from ... so your bracelet will be unique.

Children must be accompanied by an adult. 2 children maximum per adult. Please book to ensure your place. www.changingchelmsford.org/if2014

Bringing the Outside In

HOST: Emma Syndercombe, Natural Foundations
 WHEN: Fri 31st Oct, 11am-2pm
 WHERE: Ideas Hub
 AUDIENCE: 1-7 years

A brilliant opportunity for young ones to mix-up a treat from natural bits and pieces, sparking their imagination and getting nice and messy!

This is an experience of child-led natural play that encourages children to play with their parents or carers.

Drop in session, booking not required. All children must be accompanied by an adult.



TECHNOLOGY NOW

Sound and Electronics with Scratch, Python and Sonic Pi

HOST: Andy C. Knight, Southend-on-Sea Linux User Group (SoSLUG)

WHEN: Sun 26th Oct, 10am-4pm
WHERE: Ideas Hub

What is the Raspberry Pi anyway? Learn to code the fun way; make music with easy code and Sonic Pi. As easy as one line of text to make a noise! Make drum beats, baselines and more. Learn about electronics, wire-up circuits and use Python/Scratch GPIO to control coloured lights, buzzers, switches and more. Build and control your own disco or traffic lights too.

Donations. Please book to ensure your place: www.changingchelmsford.org/if2014

3D Printer

HOST: Alex Collins
WHEN: Sat 1st Nov, 1pm-4pm
WHERE: Chelmsford Library

One of last year's most popular events is back. A year on and 3D Printing, of all kinds, is better understood due to news coverage. So what's it all about? Come and enjoy a rare opportunity to see a homemade 3D printer in action creating small items. Alex will also be happy to answer your questions.

Free drop in session, no need to book.

The World of Amateur Radio

HOST: Jim Salmon, Chelmsford Calling
WHEN: Fri 31st Oct, 10am-4pm or Sun 2nd Nov, 10am-4pm
WHERE: Ideas Hub

Jim Salmon '2EORMI' (Chelmsford Calling Network) & Pete Sipple 'M0PSX' (Essex Ham), take a look at Amateur Radio today. They explain how to get started in the hobby, practical uses, applications, and include fun and zany aspects. Join us for demonstrations with short introductory talks at 10am, 12pm and 2pm. Further details at www.chelmsfordcalling.com and www.essexham.co.uk.

Free drop in session, no need to book.

Build a working alarm system with a Raspberry Pi Computer

HOST: Chris Neale, Chelmsford Science and Engineering Society in collaboration with e2v, IET and exploreSTEM
WHEN Sun 2nd Nov, 10am-4pm
WHERE: Ideas Hub

Come to this workshop to learn how to control and monitor electronics with a Raspberry Pi computer. The Raspberry Pi is a small credit-card sized computer that is programmable, but can also be used to connect to electronic circuits. In this workshop, you will wire-up and program a simple alarm system using a movement sensor, showing how both electronics and computer programming can be used together to create a real working product.

Please book to ensure your place: www.changingchelmsford.org/if2014

CREATING CHANGE

Community Dialogue:

Ideas that can change the way we live

WHEN: Thu 30th Oct WHERE: The Anne Knight Building
A day of three stimulating events hosted by the Academy of Urbanism, exploring links between city life, creativity, health and wellbeing. The base for the day will be the refurbished Anne Knight Building, being generously provided by Genesis Housing. The day is inspired by the reforming work of Anne Knight. We hope that the ideas explored may contribute to an understanding of what makes successful communities, through finding a balance between individual passions and society's wider civic interests.

Creating a Happy City Seminar

WHEN: 9.30am-1pm
FACILITATORS: John Worthington, The Academy of Urbanism and Changing Chelmsford with Phil Martin, YMCA

Mental wellbeing is promoted by good places. Neighbourliness, positive attitudes to local places, and the ability to lead change, all help to combat environmental disorder, economic stress, media pressure, and bureaucratic isolation. Mental wellbeing is a significant objective of public health and environmental design in urban places. How do we create valued places and communities of belonging, sharing and soul? There is overwhelming evidence that green open spaces promote good mental health. Story-telling and play help children to value places. What else works? Contributions from HACT, Kids Inspire, Quaker Social Action, and the Design Council/CABE.

Happynomics: Inventiveness and Resourcefulness in Community Building

WHEN: 2pm – 5pm Walk and Talk, starting at the Anne Knight Building.
WALK LEADER: Roger Estop; The Academy of Urbanism and Changing Chelmsford

In towns and cities across Britain, the sense of place is shifting as a result of art, craft

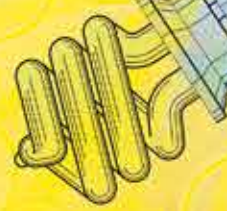
and invention. Making things is becoming embedded in the economy. This has a large impact on community wellbeing and enjoyment of place. In Chelmsford, there are stirrings of this phenomenon in the Ideas Hub, Viaduct Road businesses and artists' studios and the knowledge uncovered in research by artists. This session will tour parts of Chelmsford and hear from Hackney Wick ENAS and business founders.

Happiness as a Way of Life

WHEN: 7pm-8.30pm: Panel discussion
CHAIR: Kevin Murray, Academy of Urbanism

Land use planning, public health and economic policy are about social justice, access for all, environmental quality and livability. Charities and services support individuals in a multitude of stressful situations. Urban happiness is about all these things in balance, not trite but about true lives. Is it possible to identify new ways of thinking and behaving, which may lead to a heightened sense of wellbeing? Two leading thinkers reflect on our cities and new approaches to individual behavior and collaborative community engagement.

Please book to ensure your place: www.changingchelmsford.org/if2014



The Value of Service User Research

HOST: Len Leeder, WhyNot
WHEN: Tue 22nd Oct,
12pm-1.30pm
WHERE: Chelmsford Library

What can ordinary people do to ensure that the services they receive are effective and relevant? Service users are best placed to research and change the services they use. Did you know that anyone can learn the basic skills of research? Pioneered in Health and Social Care, service user research is gaining momentum.

Come to this session to learn the power of 'service user research' to influence decision-making and give a voice to the users of various services.

Please book to ensure your place:
www.changingchelmsford.org/if2014

Ebarts - the Social Currency

HOST: Miriam Morris, Yasmine Arafa and Cornelia Boldyreff
WHEN: Thu 23rd Oct, 12pm-2pm
WHERE: Ideas Hub

We have the same skills, needs and desires in good times and tough times. However, money is a key difference. Ebarts is a social currency allowing anyone to buy and sell WITHOUT money. Ebarts can be exchanged for goods or services using a free multi-platform app. This workshop will introduce the concepts underlying ebarts, raise awareness of the benefits of ebarts and will gain feedback from potential ebarts users.

Please book to ensure your place: www.changingchelmsford.org/if2014

The Hidden Reality of Racism, an Interactive Presentation

HOST: Dr Manoah Smiley
WHEN: Wed 22nd Oct, 7pm-9pm
WHERE: Ideas Hub or
WHEN: Wed 29th, 12pm-1.30pm
Anglia Ruskin University

A workshop revealing the reality of racism in the UK today. Racism is often NOT what people think it is. Manoah has been researching the issues for two decades. The Anglia Ruskin University session includes a free buffet lunch.

Ideas Hub: Please book to ensure your place:
Wed 22nd Oct: www.changingchelmsford.org/if2014
Anglia Ruskin University. Booking required:
Wed 29th Oct: www.anglia.ac.uk/community or ring
01245 684723

Broadcasting Now: In the Birthplace of Radio

HOST: James Whale
WHERE: Ideas Hub
WHEN: Mon 27th Oct, 7.30pm-9.30pm

What is the nature of broadcasting now in the age of the internet, digital entertainment and localism? Here in the birthplace of radio, 'wireless' has a powerful new significance; in the technology of broadcasting, the nature of entertainment and community access to the airwaves. In the centenary year of Dame Nellie Melba's transatlantic broadcast from New Street, this topical event, led by popular broadcaster James Whale, will explain exciting changes in broadcasting at the BBC, Heart FM and Chelmsford Community Radio.

Please book to ensure your place:
www.changingchelmsford.org/if2014

Create a Fairtrade Cake Build a Fairer World

HOST: Malcolm Wallace, Chelmsford City Fairtrade Campaign
WHEN: Tue 28th Oct, 1pm-3pm
WHERE: Anglia Ruskin University

Create a cake using a minimum of three Fairtrade products. Submit your recipe by 18th October. Bring your cake on 28th October when a Fairtrade DVD will be shown followed by a panel/discussion. Non-contestants are welcome.

Contact maljan9@gmail.com or 01245 601373 for application form. 1st prize £30, 2nd prize £20, 3rd prize £15, plus 7 £5 prizes. Prize vouchers donated by Chelmsford Star Co-operative Society.

Booking required: www.anglia.ac.uk/community or call
01245 684723.

Community Land Trusts - Getting The "Right Kind" Of Development

HOST: Alistair Heron
WHEN: Tue 28th Oct, 7pm-9pm
WHERE: Ideas Hub

Want local homes and jobs... but not at any cost? That's the dilemma faced by communities up and down the country, keen to remain vibrant without sacrificing character and identity. A community land trust could be the answer, as it gives local people control. Join us to hear more about the Hythe Forward journey and the opportunities that are waiting to be grasped.

Please book to ensure your place:
www.changingchelmsford.org/if2014

Making Waves: How Marconi's Wireless Legacy Takes Us Ever Further Into Space

HOST: Chris Neale, Chelmsford Science and Engineering Society
WHEN: Wed 29th Oct, 7.30pm-9pm
WHERE: Anglia Ruskin University

The Grandson of Guglielmo Marconi will talk about his Grandfather's early history and how his development of wireless technology impacted on space research.

Professor Parasce Marconi is an experimental astrophysicist. He has an undergraduate degree in physics from the University of Rome and a PhD from the University of California, Berkley. His areas of expertise are advanced instrumentation and star formation. He has worked for NASA, ESA and ESO and is currently senior astronomer at the National Institute of Astrophysics in Rome.

Organised by Chelmsford Science and Engineering Society as a special event for the Chelmsford Ideas Festival. You do not have to be a scientist or engineer to enjoy this very relevant family story and its importance to Chelmsford!

Booking required: www.anglia.ac.uk/community or call
01245 684723.



CHELMSFORD REMEMBERS

As part of the global commemoration of the First World War, the Chelmsford Civic Society is hosting the 'Chelmsford Remembers' project, supported by the Heritage Lottery Fund. The focus of the project examines the impact of the First World War on daily life and work in Chelmsford. A series of linked events will take place during the festival.

The Ideas Hub will be the project centre throughout the Ideas Festival. Chelmsford residents are invited to bring along stories and artefacts relating to the First World War. These will be recorded by Frederick Slater, Project Co-ordinator, and his team of volunteers.

Annabel Brown, a Changing Chelmsford Director, will lead Chelmsford Young Explorers in visiting local heritage sites and sharing these through the HlstoryPin website.

Festival Launch Event- Mental health and War, Past, Present And Future

HOST: Professor Jamie Hacker Hughes
 WHEN: Mon 20th Oct
 LAUNCH: 6.30pm-7.30pm
 TALK: 7.30pm-9pm
 WHERE: Anglia Ruskin University

Professor Jamie Hacker Hughes traces the relationship between war and mental health from the earliest historical accounts through two World Wars to the present day. He makes predictions about the future and examines the legacy that involvement in war leaves for combatants, their families and their survivors.

Booking required: www.anglia.ac.uk/community or call 01245 684723.

Stories and Artefacts from the First World War

HOST: Frederick Slater, Project Co-ordinator and his team of volunteers
 WHEN: Mon 20th-Fri 24th Oct, 2pm-4pm or Mon 27th-Fri 31st Oct, 2pm-4pm
 WHERE: Ideas Hub

The Ideas Hub will be the Chelmsford Remembers project centre during the Ideas Festival, helping the project to capture a sense of life in Chelmsford during the First World War. Local residents are invited to bring along photos and other artefacts relating to the First World War. These will be recorded for future exhibition.

Drop in session, no need to book.

The Cultural Aspects of the Commemorations of the First World War

HOST: Vikki Heywood, Chair of the Royal Society of Arts
 WHEN: Wed 22nd Oct, 6.30pm-8.00pm
 WHERE: Anglia Ruskin University

Vikki Heywood chairs '14-19 Now', an organisation funded by the Heritage Lottery Fund and Arts Council England, to produce a programme of commissions on all aspects of the arts to commemorate the First World War. She will speak on the contribution of the arts to the centenary commemorations over the next four years.

Booking required: www.anglia.ac.uk/community or call 01245 684723.

The Origins of the First World War

HOST: Andy Moir, Essex Branch of the Historical Association
 WHEN: Sat 25th Oct, 2.30pm-4.30pm
 WHERE: Trinity Methodist Church

A talk by Dr Sean Lang from Anglia Ruskin University to mark the centenary of the start of the First World War, the effects of which touched every family in the country. The date is close to our collective remembrance on Armistice Day. It is part of the 2014-15 programme of monthly talks created by the Essex Branch of the Historical Association, a national organisation that promotes the study, teaching and enjoyment of all aspects of history. Parking is available at the Church or County Council carpark.

£2 non-members. Please book to ensure your place: www.changingchelmsford.org/if2014

The Consequences of Conflict

HOST: David Cotterrell, Professor of Fine Art at Sheffield Hallam University
 WHEN: Tuesday 28th Oct, 7.30pm-9pm
 WHERE: Anglia Ruskin University

Professor Cotterrell was commissioned by the Wellcome Foundation as a war artist in Afghanistan's Helmand province. He will present an account of that experience and relate this to the role of artists during the First World War.

Booking required: www.anglia.ac.uk/community or call 01245 684723.

High Chelmer Commemorates the First World War

The Dead Man's Penny

As part of the Chelmsford Remembers project, High Chelmer Shopping Centre is hosting a variety of commemorative activities. These include the installation of a replica of a 'Dead Man's Penny' suspended from the centre's Atrium ceiling. The Penny was awarded to 1,355,000 families of service personnel killed during the First World War.

The Town Centre Trench

Also, from Wednesday 29th October until Tuesday 11th November, High Chelmer will be sponsoring a replica trench that will be built in Central Square. A selection of artefacts from local people will be used to build or influence the interactive trench display, allowing visitors to find out how the war affected those from Chelmsford.



An Historical Walk of Moulsham Street

HOST: Alan Pamphilon
WHEN: Mon 20th Oct, 2pm-3.30pm or
Mon 27th Oct, 2pm-3.30pm
WHERE: Starting from the Ideas Hub

Moulsham is one of the gems of Chelmsford, and has stories to tell. Join Alan on this guided walk. Learn the little-known facts about the buildings and people on what is believed to be the oldest street in Chelmsford, with a history that predates the city's centre. Discover how the industrial revolution had a dramatic effect on this quiet hamlet.

Cost £4. Please book to ensure your place:
www.changingchelmsford.org/if2014

Fascinating Hidden History for Black History Month

HOSTS: Dr Manoah Smiley and Faith Marchal
WHEN: Thu 23rd Oct, 7pm-9pm
WHERE: Ideas Hub ¹
WHEN: Thu 30th Oct, 7.30pm-9.30pm
WHERE: Anglia Ruskin University ²

Two intersecting talks relating to people, places and stories, and how they combine to create and construct perceptions about race, rights, and law. Manoah will tell potted stories of selected great black people and civilisations that mainstream historians have hidden or misrepresented. Faith will share her research into American slavery, slave law and its attempt to contain the possibility of a future barely imaginable to 19th century Americans – the possibility of racial equality.

Booking required:¹ www.changingchelmsford.org/if2014
² www.anglia.ac.uk/community 01245 684723

Chelmsford Cathedral Centenary

HOST: Tony Tuckwell
WHEN: Wed 22nd Oct, 7.30pm-9pm
WHERE: Chelmsford Cathedral

Chelmsford Cathedral celebrated its centenary with a visit from Her Majesty the Queen earlier this year. Tony Tuckwell, former head teacher of King Edwards Grammar School, will talk about his book marking the centenary entitled "The Life and Times of Chelmsford Cathedral 1914-2014".

Please book to ensure your place:
www.changingchelmsford.org/if2014

The Changing Face of Chelmsford

HOST: Essex Record Office
WHEN: Sat 25th Oct, 10.30am-3pm
WHERE: Essex Record Office

Local history as seen through different media. Immerse yourself in Chelmsford's past in this display of maps, photographs, sound and video recordings. Further details at www.essex.gov.uk/ERO.

Tickets £2.50. Booking not required.

Treasures of the Essex Sound and Video Archive

HOST: Essex Record Office
WHEN: Mon 27th Oct, 12.30pm-1.15pm
WHERE: Ideas Hub

The Essex Sound and Video Archive contains over 30,000 recordings, the earliest of which date back to the beginning of the twentieth century. Join sound archivist Martin Astell for a look at some highlights from the collection. Further details at www.essex.gov.uk/ERO.

Cost £2.50. Book via 01245 244644 to guarantee a place.

The World of Fred Spalding: Photographs of Chelmsford Past

HOST: Essex Record Office
WHEN: Sat 1st Nov, 11am-12pm
WHERE: Essex Record Office

Three generations of the Spalding family worked as photographers in the Chelmsford area, and have left us a wonderful collection of several thousand images that show how Chelmsford changed between the 1860s and 1930s. The photographs are now cared for by the Essex Record Office, and this talk will take you through highlights from the collection. Further details at www.essex.gov.uk/ERO.

Cost £2.50. Book via 01245 244644 to guarantee a place.

Creating History: A Civilian's Experience of the Second World War in Essex

HOST: Dr Catherine Pearson
WHEN: Thu 30th Oct, 7.30pm-9pm
WHERE: Anglia Ruskin University

The talk will discuss how the discovery of E.J. Rudsdale's diaries revealed the story of a civilian's experience of the Second World War in Essex. The diaries form a fascinating account of how Rudsdale achieved his dream to work at Colchester Castle Museum, but then watched as the world he knew was transformed by war. The talk will also show how forgotten archives can be brought to life through book and website publication.

Booking required. www.anglia.ac.uk/community or call 01245 684723.

The 30th Anniversary Year of the UN Convention On Torture

HOST: Andy Moir, Amnesty International
TIME: Sat 1st Nov, 2.30pm-4.30pm
WHERE: Chelmsford Quaker Meeting House

The United Nations Convention Against Torture was adopted by the United Nations in 1984 and has now been ratified by 155 countries and states with the aim to prevent torture and cruel, inhuman, degrading treatment or punishment around the world. It is now 30 years since the treaty was adopted and the speaker will focus on how far these objectives have been achieved.

After the meeting, stay for our AMNESTEA. Parking is available.

Please book to ensure your place:
www.changingchelmsford.org/if2014

Chelmsford Ideas Festival Mystery Hunt

HOST: L.H. Trevail
WHEN: Playable throughout the Ideas
Festival
WHERE: All over Chelmsford

Manifestations from a parallel world may be observed and tracked in the environs of Chelmsford during these auspicious festival days. Sharpen your eyes to seek hidden small wonders, solve puzzles and create clues for others to discover in this interactive treasure hunt.

Visit www.lhtrevail.co.uk/ideasfest or www.changingchelmsford.org/if2014 to download your guide or pick one up from the Ideas Hub and other Festival venues.

A View from Space

HOST: Andy Bennett, e2v
WHEN: Tue 21st Oct, 7.30pm-9pm
WHERE: Anglia Ruskin University

Would you like to understand more about the amazing pictures taken from space? Did you know that satellite images you see on the news are captured by sensors made by e2v, based in Chelmsford? This talk will look at images taken by international space agencies, including NASA, exploring our fascination with Mars and beyond. We will also explore some of the myths around satellite imaging and look at e2v's future projects for space imaging and science.



Booking required: www.anglia.ac.uk/community or call 01245 684723.

Re-imagining our Community and the Rules We Live By

HOST: Ken Dubin
WHEN: Thur 23rd Oct, 7pm-9pm
WHERE: Anglia Ruskin University

Join us for an interactive workshop exploring and creating a new concept of 'ideal communities'. If you made the rules, what would your community look like? We'll discuss what you think the government- and the citizenry- should offer and how we can build communities that reflect what diversity really means today.

Booking required: www.anglia.ac.uk/community or call 01245 684723.

Whole Pleasure Ice Cream

HOST: Taisiya Kostenko
WHEN: Fri 24th Oct, 10am-4pm or
Fri 31st Oct, 10am-4pm
WHERE: Anglia Ruskin University

Pop up café with healthy non-dairy ice cream alternatives and drinks, educating the community on how to stay healthy and still enjoy ice-cream!

Drop in session. Booking not required

Lunchtime Music - Swapsies

HOST: Professor Jeffery Wilson, composer
WHEN: Wed 22nd Oct, 1pm-2pm
WHERE: Cramphorn Theatre

Swapsies is a lunchtime exchange of musical ideas. Long-time musical collaborators Jane Sitch and Jeffery Wilson share a concert where the instrumental responsibilities - clarinets, saxophones and piano - are mixed and swapped.

Drop in session. Booking not required

Passing the Turning Test: How to Create a Character

HOST: Professor Farah Mendlesohn
WHEN: Wed 22nd Oct, 7.30pm-9pm
WHERE: Anglia Ruskin University

Love writing fiction? This workshop will take you through the many things that underlie that phrase "believable characters" and offer you help and support in thinking through your character-based fiction.

Booking required:
www.anglia.ac.uk/community or call
01245 684723.

Community Festival of Music

HOST: Revd Canon Carol Smith
WHEN: Fri 24th Oct, 7.30pm-9pm
WHERE: Salvation Army Citadel

Churches Together have been working hard to organise a special event that brings together two Community Choirs with musicians and singers from the churches in Chelmsford. They will CREATE a musical extravaganza that will appeal to people of all ages.

Donations. Please book to ensure your place:
www.changingchelmsford.org/if2014

Creatives Supper Club

HOST: Jess White, James Toble and Rachel McGivern
WHEN: Sat 25th Oct, 6pm-8pm
WHERE: Ideas Hub

A supper club for people with an interest in art. Diners should bring a photograph or postcard from the last exhibition they went to and enjoyed, and also a song to add to the playlist.

Come and enjoy a curated two-course supper.

Cost £5. 10 places only. To book your place call Rachel on 07721754895

Magistrates in the Community

HOST: Dawn Roche, Magistrates Association

WHEN: Tue 28th Oct, 10am-12pm or Fri 31st Oct, 10am-12pm

WHERE: Shire Hall

The vast majority of us have little idea of what magistrates do, and when we find out it's usually because something has gone wrong. Much better to be well informed, regardless of whether or not we ever set foot in a court. Dawn will give a presentation on what magistrates do, how they reach their decisions and the processes within the court. She will also bring the process alive by holding a mock trial in the Shire Hall Court room.

Please book to ensure your place. www.changingchelmsford.org/if2014

Lunchtime Music - Stave House Music Education

HOST: Ruth Travers, Director of Stave House

WHEN: Wed 29th Oct, 1pm-2pm

WHERE: Cramphorn Theatre

Stave House is a highly successful method of teaching the very young to read and write music. It is now taught world-wide and accredited by the London College of Music. Over 20 primary schools in Essex use this method that lays a solid musical foundation for life, equipping children to be independent musicians from as young as three years old. The children performing in this concert are aged between four and ten years. Professional saxophonist Jamie Anderson will be appearing with the children.

Drop in session. Booking not required

Staying Safe Online

HOST: Detective Sargeant John Woodley

WHEN: Tue 28th Oct, 7.30pm-9pm

WHERE: Anglia Ruskin University

As the Internet becomes a normal part of daily life, there are many questions about how we can keep our children safe online. As scammers become smarter we all have to become more educated about how to recognise if an e-mail that we receive is genuine or potentially harmful. Facebook, Twitter, YouTube, Instagram and Snapchat are also potential causes for parental concern. At the same time, social media is helping to fight crime. Come and hear Detective Sargeant John Woodley and David White from Essex Police share their knowledge and stories.

Booking required. www.anglia.ac.uk/community or call 01245 684723.

Creating a Fitting Funeral Ceremony: Busting Myths, Explaining Choices

HOST: Katie Deverell

WHEN: Wed 29th Oct, 2.15pm-5pm

WHERE: Ideas Hub

Be surprised, inspired, informed and enlightened as we use real life examples to explore how to create moving and meaningful funerals. The hardest time to start thinking about a funeral is right after someone dies - and yet that's exactly when most of us will do it, mis or un-informed and unprepared. In the company of experienced celebrants, come and discover what's possible and discuss the many options available.

Cost £5. Please book to ensure your place. www.changingchelmsford.org/if2014

Changing Chelmsford is...

- A loose network of people enthusiastic about Chelmsford and its potential.
- A social innovation ideas incubator stimulating new ways of looking at the city.
- A forum bringing experts and lay-people together to mobilise initiatives.

Changing Chelmsford advocates new ways to look at Chelmsford's environment, economy and culture: on the one hand supporting small-scale local initiatives, on the other hand stimulating dialogue between community interests to shape the city's future. It is about harnessing imagination, enthusiasm and talent to develop local focus, or what is sometimes termed the 'civic economy'. It is all about developing exciting ideas for Chelmsford and making collaborative progress.

Changing Chelmsford organises the annual Chelmsford Ideas Festival, facilitates the Ideas Hub, and is generously supported by Chelmsford City Council, the Academy of Urbanism, the RSA fellowship and High Chelmer Shopping Centre, yet it is independent and experimental.

Changing Chelmsford is only as strong as its network and its initiatives. We would love to add new individuals and businesses. If you would like to be part of the network, please send your name, e-mail address, your interest in Chelmsford, your skills and any ideas (big and small), to: changingchelmsford@gmail.com

For more information see www.changingchelmsford.org city | creativity | community

IDEAS HUB

The Ideas Hub is...

an inspirational and friendly multi-purpose flexible space in the centre of Chelmsford for creative, community and green enterprise.

Alongside the community café, there are a range of workshops, events and exhibitions. Upstairs is a co-working open plan studio space for creatives and small businesses who want to make a difference. You can rent a desk by the day or month at a very reasonable price.

Come and join in the relaxed, flexible, joyfully eclectic atmosphere as a participant. You, or your organisation, can hire the space and host a networking event or meeting. Alternately, you can express your creative skills through running a workshop, mounting an exhibition or organising an event. Even better, come and join this creative collective as a team member and contribute your skills!

The Ideas Hub team welcomes visitors to have a look around. All you need to do is contact us for an appointment and we'll be delighted to give you a guided tour.

To contact us: www.ideashubchelmsford.org create | share | grow

@IdeasHubChelms
hosts@ideashubchelmsford.org
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